



Dance, Movement & Yoga designed to help you manage your feelings and emotions.

- Dance, Movement & Yoga
- Workshop on Managing Feelings & Emotions
- Relaxation Corner
- Parent/Carer Coffee Corner

Free Event



Tuesday 25th July 2023 10am - 12:30pm

Location:

Cedar Room, Graiseley Family Hub, Wolverhampton, WV2 4NE

Complete the form on the back of this page to secure your place.



If your child would like to attend the Dance 'n' Chat event please complete the below form by Monday 24th July 2023. Please send completed forms via email to bchft.reflexions@nhs.net.

| Child/Young Person's Details: | | | |
|---|----------------|------------|------|
| Name: | Date of birth: | | Age: |
| Address: | | | |
| Postcode: | | | |
| Gender: | | Ethnicity: | |
| School Name: | | | |
| Any known allergies? ☐ Yes ☐ No | | | |
| If yes, please provide details: | | | |
| Does the child/young person have any Special Educational Needs? Yes ☐ No ☐ | | | |
| If yes, please provide details: | | | |
| Parent(s)/Guardian(s) details: | | | |
| Name(s): | | | |
| Contact number(s): | | | |
| Email address(es): | | | |
| Consent: | | | |
| As parent/guardian I consent to my child attending the event: \Box | | | |
| During the event, Reflexions will take photographs for social media purposes, do you | | | |
| consent for your child's photograph to be taken? Yes No No | | | |
| Do you consent to your child being administered First Aid if required? Yes $\ \square$ No $\ \square$ | | | |