

Merridale Primary School

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Date: Monday 3rd June 2024

Dear Parents and Carers,

Food Bank Friday Collection @ Merridale Friday 14th June 2024

Can you help?

Please remember all food/toiletries/baby items donated need to be...

- · non-perishable, so no fresh food
- · at least 2 weeks within it's 'best before end' (BBE) or 'sell by' date when we receive it
- · in sealed packaging/undamaged tins

Please send all donations into school on the morning of Friday 14th June (no earlier please as we have nowhere to store donations).

Thank you for helping us to support The Well!

Shopping list of suggested donation items:

- * Milk (UHT or powdered)
- * Cereal
- * Tea/Coffee
- * Sugar
- * Jam/spreads
- * Squash/Fruit Juice (UHT)
- * Meat/fish (Tinned)
- * Pasta/Rice/Noodles (dried)
- * Couscous/Pulses
- * Soup (tinned)
- * Vegetables (Tinned)
- * Pasta / cooking sauce (Jar)
- * Fruit/Puddings(/custard Tinned)
- * Snacks/biscuits
- * Nappies (any size, sealed pack)
- * Baby wipes/Toiletries
- * Baby food (long use by date)
- * Ladies/Men's toiletries
- * Household cleaning products

NO BAKED BEANS PLEASE

I would like to share the message below that we have received from The Well:

We are writing to thank you for your generous support to the work of The Well between January and March 2024. **The total weight of your donations was 30.00kg.**

As well as giving out food, we also give out toiletries and are in need of them at the moment. A recent email from one of our referral agencies highlights both the need for toiletries and the impact of receiving an item to support personal hygiene:

He rang me to say thank you, thank you, thank you so much - he was telling me about the contents of his food parcel. He said:

'I can't believe I've got a toothbrush, mine had only got a few bristles left on it so thank you, thank you, thank you.'

Something as simple as a toothbrush had made such an impact upon this client. He said he felt like someone actually cared.

Sometimes we forget it is the little things that can mean such a lot to a person.

These are the toiletries we would like to give out in every parcel for adults, children & babies: toothpaste/toothbrush/shampoo/conditioner/shower gel/deodorant/soap/baby wipes.

Perhaps you could ask your dental practice if they would donate some dental products to us – we can always collect.

Thank you again for your support.

'A generous person prospers – he who refreshes others will be refreshed.' (The Bible). May you know God's refreshing for your generosity in giving to The Well.

God Bless You

Yours sincerely

Mrs L Towle Headteacher