

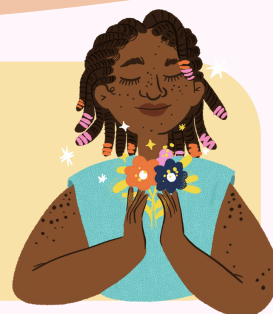
# EASTER WITH REFLEXIONS

APRIL 2025

15th

## Low Mood Webinar

10am-11am  
Microsoft Teams



## Managing SATs

10:30am - 12:30pm

Arts & Crafts

Art Gallery,  
Wolverhampton  
WV1 1DU



## Managing GCSE's

2pm - 4pm

Boxing & Exercise

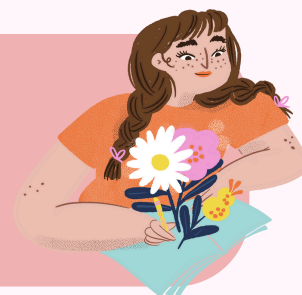
Graiseley Family Hub,  
Wolverhampton  
WV2 4NE

16th

22nd

## Anxiety Webinar

4pm-5pm  
Microsoft Teams



## Managing SATs

10:30am - 12:30pm

Arts & Crafts

Art Gallery,  
Wolverhampton  
WV1 1DU



23rd

For additional information or brief sign up form to register your attendance for any of the above events, please email [bchft.reflexions@nhs.net](mailto:bchft.reflexions@nhs.net).

